Urban rainwater collection

Rainwater from your roof can be a valuable resource as it can contribute to your yearly water needs and help conserve drinking water reserves. However, a reticulated scheme drinking water supply remains the most reliable source of drinking water in the urban environment.

The Department of Health supports the use of rainwater tanks in urban areas for all non-drinking uses, such as garden watering, flushing toilets, in washing machines and car washing. Using rainwater in this way will not pose a risk to your health.

If you live in an urban area and you would like to drink rainwater, you should be aware that there might be an increased risk of pollution by airborne chemical and microbiological contamination. Also poorly maintained rainwater tanks can breed mosquitoes that can cause severe nuisance or carry human disease to you and your neighbours.

Follow the information in this guide to minimise the risk of contamination and disease to you and your family if you intend to drink your rainwater.

Is rainwater always safe to drink?

Unless adequately treated, rainwater is not reliably safe to drink. It is almost impossible to completely protect rainwater from:

- bird droppings and other debris containing microorganisms
- air pollution caused by:
  - light industries such as spray painters and fibreglass fabricators
  - heavy industries such as kilns, quarries, chemical plants
  - emission from motor cars associated with freeways and main roads. industry.

The level of contamination in your rainwater will depend upon the amount of debris collected in your gutters and on your roof and your proximity to heavy traffic.

What is on the roof?

Rainwater can be collected from most types of roofs, including asbestos, Colourbond™ and galvanized. It is important to find out if your roofing material or the paint used on your roof or in your gutters etc. could contaminate rainwater. For example, tar based coatings can bind other harmful organic chemicals to the roof or gutter and be difficult to clean.

Rainwater should not be collected from parts of the roof that incorporate:

- a chimney from a wood burner
- discharge pipes from roof mounted appliances such as evaporative air conditioners or hot water systems
- chemically treated timbers
- lead based paints or flashings.

Speak to your rainwater tank supplier about identifying materials on the roof that could contaminate your rainwater.
How do I maintain my rainwater system?

Regular maintenance is the key to good water quality. Installing screens, filters and first flush devices will reduce contamination. Likely sources of micro-organisms and chemical contaminants that you can control are:

- Overhanging branches.
- Soil and leaf litter accumulated in gutters particularly if kept damp for long periods due to poor drainage.
- Faecal matter deposited by birds (resting on wires and TV antennas), lizards, mice, rats, etc
- Dead animals and insects either in gutters or in the tank itself.

It is important that roofs, gutters, screens and first flush devices be inspected and cleared of leaves and other debris every three to four months.

The pipe to the tank should be disconnected when carrying out maintenance on solar hot water systems on roofs. Solar hot water systems contain heat transfer fluids that can contaminate the rainwater supply in an event of a spill or leakage. Reconnect the pipe when you are certain that there is no leakage after maintenance.

The first flush runoff from a roof will wash contaminants such as dust, bird droppings, leaves and other airborne contaminants into your tank. First flush devices prevent the first portion of roof runoff from entering the tank.

Are mosquitoes a problem?

Rainwater tanks can become breeding sites for mosquitoes that can cause severe nuisance and carry serious diseases. In WA the most common mosquito found to breed in poorly maintained rainwater tanks is a proven carrier of Ross River virus. To prevent mosquito breeding, rust and metal contamination the guttering and pipework should be self-draining or fitted with drainage points. Water should not be allowed to pool under the overflow outlet or tap as these can become mosquito breeding sites.

The tank should be a sealed unit with the lid preventing sunlight from reaching the water as sunlight encourages the growth of algae that will taint the water. Holes and spaces will allow mosquitoes to enter.

The inlet should incorporate a mesh cover and a strainer to keep leaves and to prevent the access of mosquitoes and other insects. The overflow should also be covered with an insect proof cover such as plastic insect mesh wired around the pipe. Insect mesh should be no coarser that 12 x 12 meshes/25mm².

To stop mosquito breeding add a teaspoon of food grade paraffin oil (in small tanks up to 1000 litres) to the water. The amount needed will vary depending upon the surface area of the water. A sufficient quantity to produce a thin film over the water surface is all that is required.

Should I test rainwater?

When used for non-drinking purposes, routine testing of rainwater is not necessary. However, if you intend to drink the rainwater, it can be tested. If tested, the results should be compared with the values contained in the 2004 Australian Drinking Water Guidelines. Refer to the Environmental Health Directorate publication: ‘Standard Drinking Water Test’ for a list of NATA accredited laboratories in WA.
Should I treat rainwater?
If rainwater is to be drunk or used in cooking for any reason, eg where a reticulated scheme drinking water supply is not available, it should first be disinfected either by bringing to a rolling boil for one minute or by chlorination. Additional information on water disinfection is contained within the Environmental Health Guide, ‘Emergency Treatment of Drinking Water Supplies’.

Can I top up my tank?
It is important to protect our reticulated scheme drinking water supply from any risk of contamination through backflow from rainwater tanks. Rainwater tanks connected to the scheme must be fitted with an approved backflow prevention device installed by a licensed plumber.

Do I need building approval?
Before purchasing and installing a rainwater tank check with your local government for local building regulations that apply in your area.

What should I look for?
Your rainwater system should incorporate:
- A first flush device.
- Gutter guards or screen mesh to reduce the amount of debris entering the tank.
- Rainwater tank outlet points that reduce or eliminate the build up of sludge.
- Insect screens on overflow pipes and insect proof lids and inspection ports.
- Australian Standards approval marks on materials that will come into contact with rainwater such as:
  - AS 2070, Plastic materials for food contact use.
  - AS/NZS 2179 –1994 Specifications for rainwater goods, accessories and fasteners
  - AS 2180 – 1986 Metal rainwater goods – selection and installation
  - AS 3855 – 1994 Suitability of plumbing and water distribution systems products for contact with potable water
  - AS 4020 Products for use in contact with water intended for human consumption with regard to their effect on the quality of water.

Summary
- Unless adequately treated, rainwater is not reliably safe to drink.
- In urban areas connected to scheme drinking water use rainwater for non-potable uses, such as garden watering, flushing toilets, washing machines and car washing.
- If rainwater is consumed for any reason, first disinfect by boiling or chlorination.
- Do not allow the first rainwater to enter the tank.
- Keep gutters and roofs clean, dry and in good repair.
- Ensure that the tank is sealed and the inlet and overflow screened against insects/animals.
- Cover and seal the tank to prevent the entry of sunlight, dust, insects and animals.
- Check for the appropriate Australian Standards Mark.
- Rainwater tanks connected to the scheme must be fitted with an approved...
backflow prevention device installed by a licensed plumber.

Other water quality guides available

- Is the Water in your Rainwater Tank Safe to Drink?
- Emergency Treatment of Drinking Water Supplies
- Water Filters
- Giardia Infection
- Cryptosporidiosis
- Standard Drinking Water Test

More information:

Water Unit
Environmental Health Directorate
Department of Health
PO Box 8172
PERTH BUSINESS CENTRE WA 6849

Telephone:  08 9388 4999
Facsimile:  08 9388 4910

This document is available in alternative formats on request for a person with a disability.